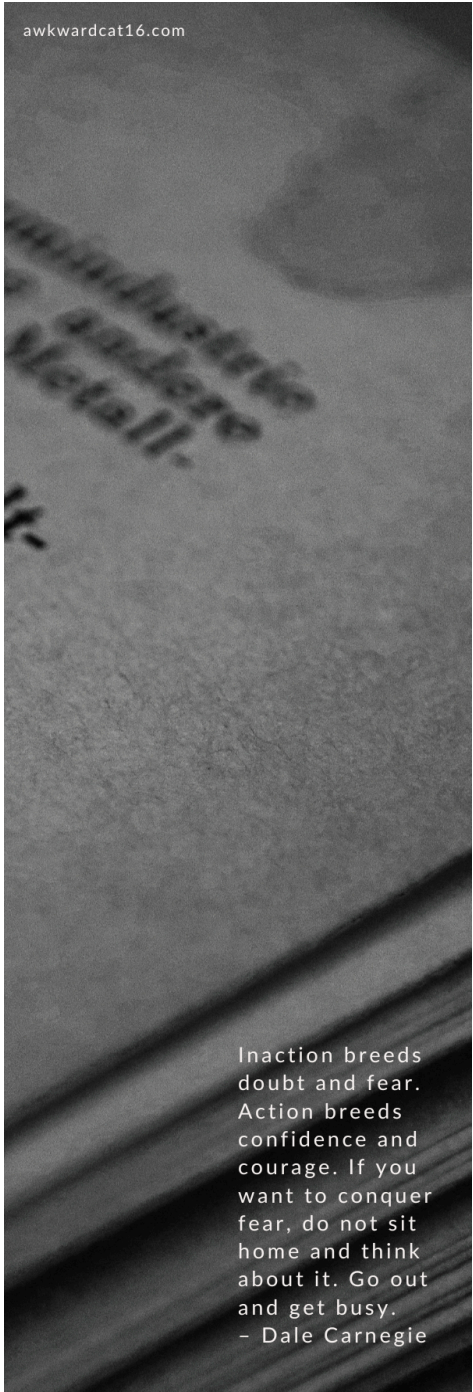


Your current life is
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something
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- Joe Tichio


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Inaction breeds
doubt and fear.
Action breeds
confidence and
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want to conquer
fear, do not sit
home and think
about it. Go out
and get busy.
- Dale Carnegie

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We change our
behavior when the
pain of staying the
same becomes
greater than the
pain of changing.
Consequences give
us the pain that
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